

Aum Sri Sairam

Ever since His advent, Bhagawan Sri Sathya Sai Baba's life has been an ideal example of selflessness. In His Divine message to humanity He has always emphasized on selfless service and He Himself has put it in action to bring relief to the lives of millions of people. Always engaged in serving others selflessly, our beloved Swami has never done anything for Himself, ever... He has healed many and granted them the lease of life through His wondrous miracles, but He does not use those powers on Himself to heal His body. The food He partakes, the house in which He resides, the robes He dons are all given to Him by His devotees. He has been spending millions of Rupees for the welfare for mankind, but has not spent even a single paisa on Himself.

If all of us wish that Bhagawan is well and is soon back among us all to bless us with Divine Darshan, it is the prime duty of each and every one of us to pray to Him with intense devotion and heartfelt yearning. Our prayer should be so intense, that the prayer itself should cure Bhagawan. Such a prayer may also bestow some unknown benefits, which may alleviate our own suffering and grant us spiritual as well as worldly benefits. We need nourishing food to sustain us, but a selfless prayer from the loving heart of a devotee is Bhagawan's food. In an inspirational message Swami has conveyed, "Have you forgotten that I am God? This is your test. Even for a moment don't forget that I am God, I can do anything. Everything is under My control." Who knows, our selfless prayer and love may convince Swami to take the *sankalpa* to come back among us and fulfill our lives.

Bhagawan has never attached importance to the body. He always tells us that He does not have *dehabuddhi* or *dehabhiman*. He is the *Dehi*, the Indweller of our hearts. It is the first and foremost duty of all the devotees to take care of the body. Besides nourishing food, one has to ensure that there is unity in thought word and deed. Following Swami's teachings in this regard is a must for all.

Bhagawan has descended on this earth for the sake of all His devotees. He has spent every moment of His life for the welfare of humanity. He has filled our hearts with His nectarine teachings, has set an ideal of selflessness for all of us to

imbibe and each moment He responds to our prayer and keeps fulfilling all our wishes and desires...

But then, are we doing anything for Him? Do our thoughts/words and deeds give Him joy? Do we follow His teachings? Or while doing *seva* or *bhajan* on one hand, we are busy criticizing others on the other? Or taking advantage of others or finding faults? We must ask these questions to ourselves all the time. We have to strive hard to ensure that the transformation desired by Bhagawan truly changes our life. The negative vibrations which emanate through our faulty behavior, affect Swami's body, they cause Him pain. If we wish to cleanse the negativity, we must live our life as per His teachings, for He says, 'Your life is My message.' Let us all unite and vow that from now on we will strive hard to make our Lord happy for we want Him to get well soon and bless us with His *darshan*, *sparshan* and *sambhashan*.

In Sai Service,

Ramesh. D. Sawant

State President, Maharashtra & Goa

April, 2011